

# The Secret to Persuading Republicans

Smart Politics Tools for Influencing Hearts and Minds

May 8, 2024



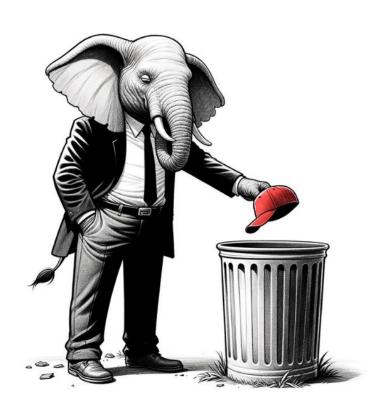
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### **AGENDA**

- The 3 Secrets to Persuading Republicans
  - First, Do No Harm
  - Second, Talk to the Elephant,
     Not the Rider
  - Third, Facilitate Change, Don't Force It
- Q&A
- BONUS: Al Angry Uncle Bot

# The Three Secrets to Persuading Republicans

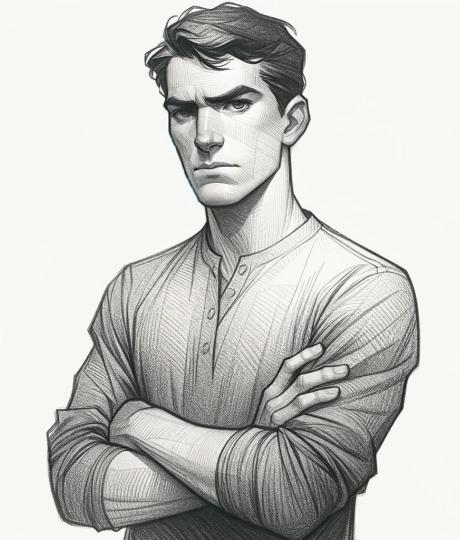
# Secret #1 First, Do No Harm

## Paradox of Persuasion

The harder we try to persuade people, the less influence we have.

## Why?

Because people easily become defensive.



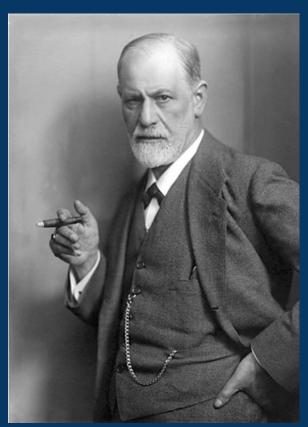
# The Four Kinds of Psychological Defenses

#### Reactance



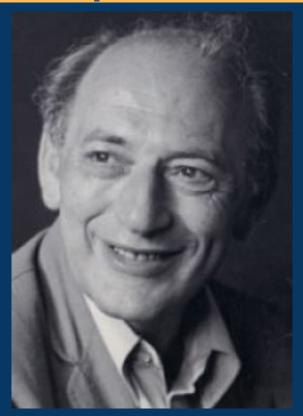
- Psychological aversion to being controlled by others
- Causes people to take action to show their autonomy
- It's why two year-olds say "no"

#### **Ego Defenses**



- Safeguards to protect us from having bad thoughts/feelings
- Protects self-esteem and maintains emotional stability
- Includes denial, projection, rationalization, intellectualization

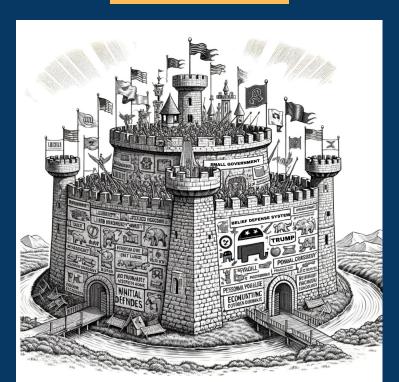
#### **Group Defenses**



Henri Tajfel

- Safeguards to protect us from losing our social identity and connection to our group
- Protects belonging and social status
- Includes idealization of ingroup and denigration of outgroup

## Belief System Defenses



- Safeguards to maintain a stable worldview
- Confirmation bias
- Rationalization
- Dismissive of alternative evidence and arguments

# Four Things That Don't Work

(and May Actually Hurt)

- Telling people what to do
- Making them feel bad (especially about themselves)
- Threatening their social identity or sense of belonging
- Attacking their worldview (even with facts and reason)

## Secret #2

# Talk to the Elephant, Not the Rider

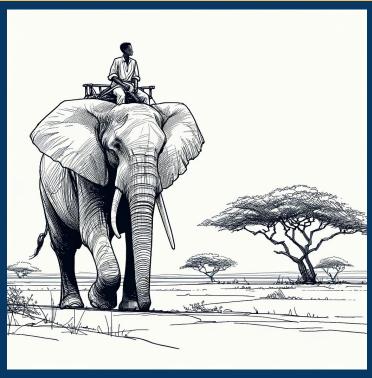
## How persuasion works



#### **Dual Process Model**

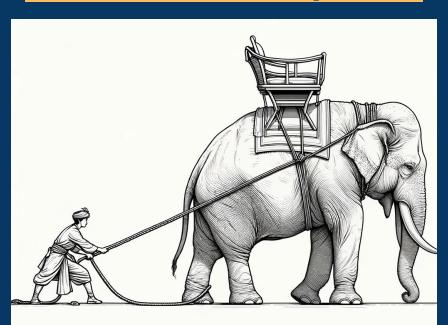
- The brain processes persuasive messages in two ways:
  - Fast, intuitive, gut-level assessments
  - Slow, reasoned, effortful analysis
- Intuition is more important than reason

# Haidt's Metaphor of Rider on an Elephant



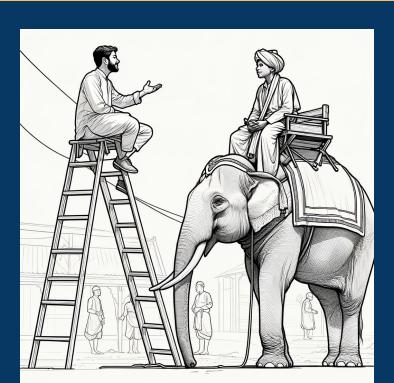
- Think of the mind as divided into two parts, like a rider on an elephant
- The elephant is persuaded by gut feelings
- The rider is persuaded by facts and reason

# Haidt's Metaphor of Rider on an Elephant



- If the elephant doesn't want to go somewhere, the rider can't force it
- The reasonable rider seems in charge
- But the emotional elephant has all the power in the relationship
- Worse still, the rider tries to hide their impotence by rationalizing the elephant's desires

# Haidt's Metaphor of Rider on an Elephant

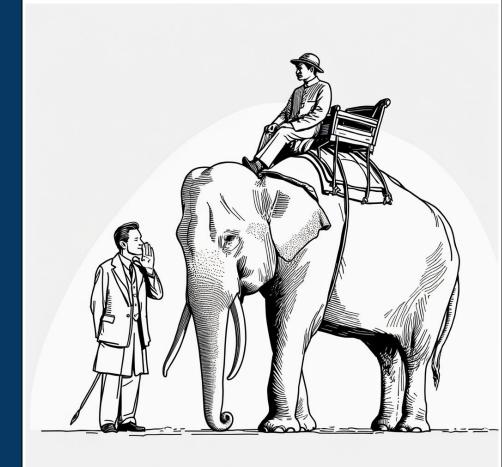


#### So what's the problem?

- Successful influence is mostly about persuading elephants
- But we waste our time and energy trying to persuade riders
- Often scaring elephants in the process

Stop talking with riders.

Communicate with elephants!



# Key characteristics of elephants

- Skittish
- Emotional
- Social
- Uninterested in facts and reason
- Set in their ways

# What's the secret to persuading elephants?

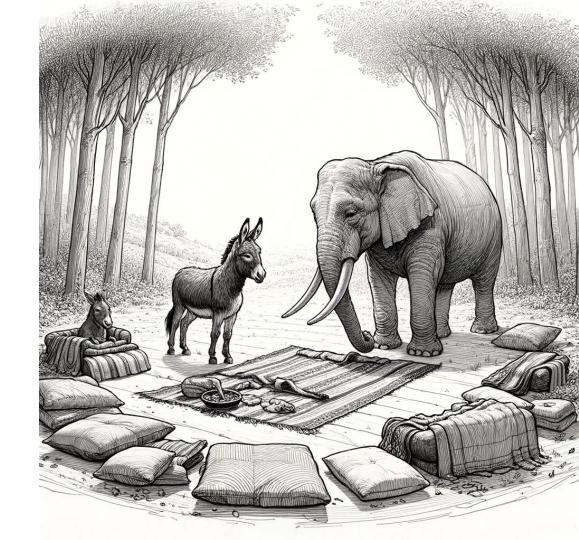
Earn their trust.

#### **Trust Pyramid**



### Comfort

Make them feel safe-enough to talk with you



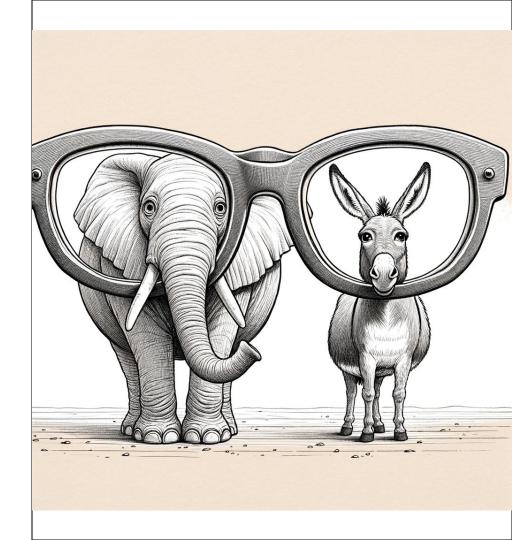
### Connection

Find ways you are alike and come to like one another as people.



### Comprehension

Learn their point of view and be able to see the world from their perspective.



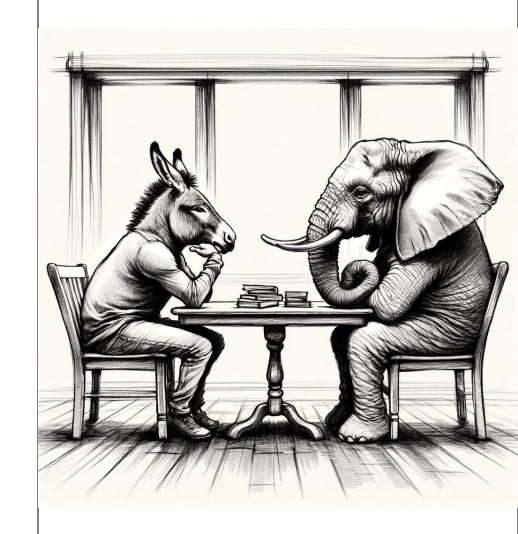
## Compassion

Show you care about them and don't want them to suffer.



## Credibility

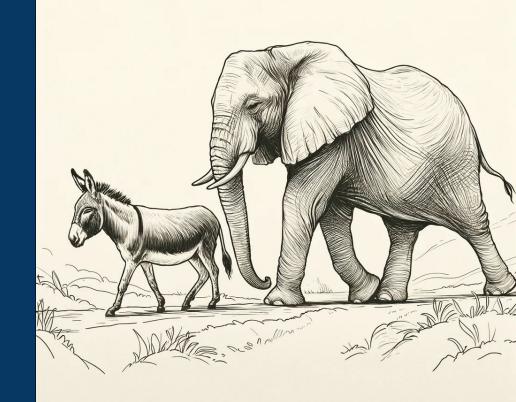
Show you are doing your best to be rational, unbiased, and open-minded.



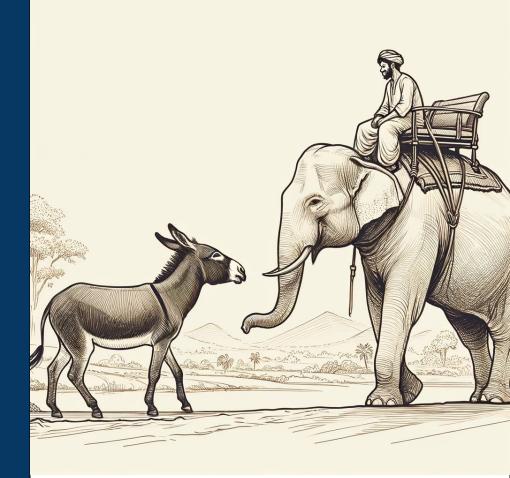
# What happens when you earn the elephant's trust?



# The elephant WANTS to follow you!



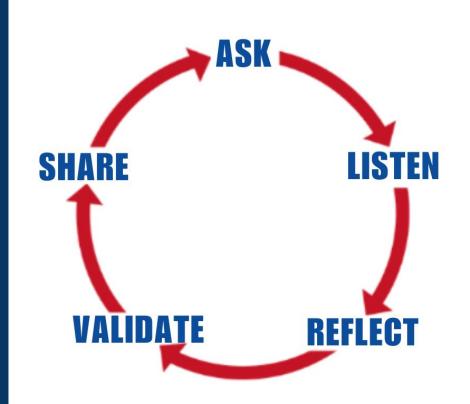
# NOW you can talk with the rider



# Secret #3 Foster Change, Don't Force It

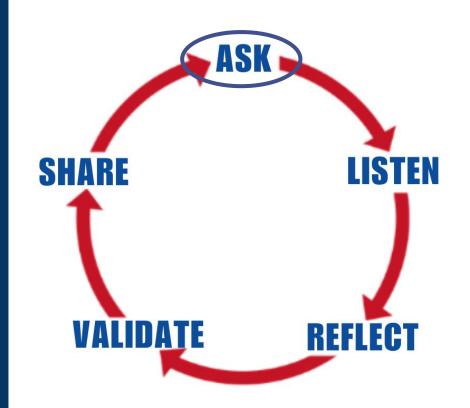
# Persuasion Conversation Cycle

A tool for earning the elephant's trust AND persuading the rider



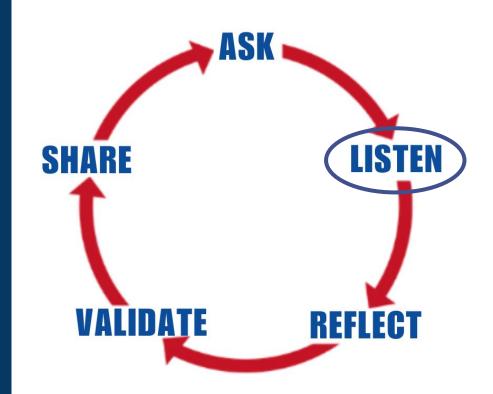


- Open-ended
- Nonjudgmental
- Curious



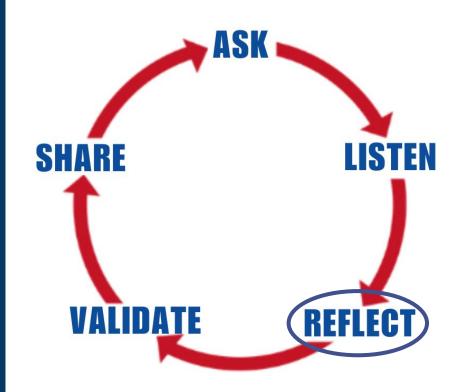
### Listen

- Pay attention
- Seek to understand
- Let them talk as long as they want



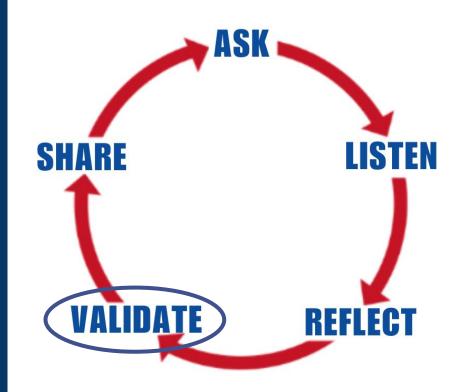
### Reflect

- Summarize the gist
- Name their feelings
- Acknowledge implicit content when possible



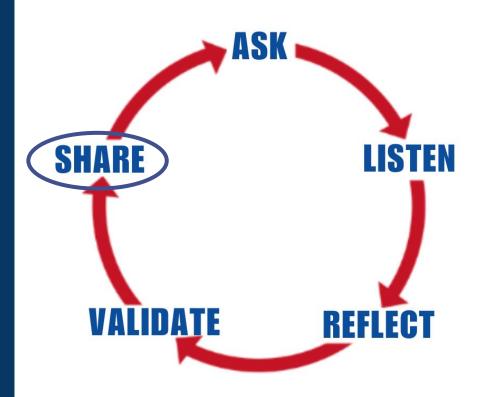
### **Validate**

- Acknowledge the legitimacy of their beliefs and feelings
- Accept their experience
- Agree where possible

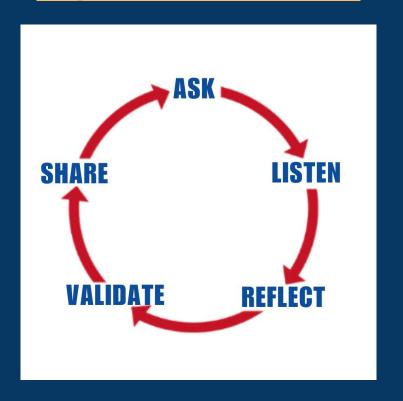


## **Share**

- Don't argue with facts or reason
- Shift the narrative with a personal story or anecdote
- Share information only after getting consent



## Three ways to use the PCC to persuade the rider



#### Motivate change

- a. Elicit inconsistencies
- b. Highlight ambivalence

#### 2. Catalyze change

- a. Facilitate learning
- b. Offer emotional support

#### 3. Stabilize change

a. Guide integration of new beliefs

## **Before AUB...**

Put your new skills to work!



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